

PRANIC HEALING COURSE

		Durations : 5 hours
1.00	1	Introduction / Greetings use of intelligent evaluation.
	2	Course Introduction.
	3	How to see and Feel Pranic energy practical.
	4	Basic Concepts - Practical
	5	Demonstration on Basic Pranic Healing Techniques.
	6	Energizing with practice
	7	Five things to avoid in energizing
	8	How to make Patient Receptive
	9	How to heal simple ailments
	10	Other concepts.
		Durations : 5 hours
2.00	1	Major Chakras and Internal Organs.
	2	Scanning
	3	Practice Scanning
	4	Seven Basic Technique
	5	Practice on General Sweeping
	6	Integrated Approach
	7	Practice on Healing Gastro intestinal ailments & fever
	8	Steps in Healing
		Durations : 5 hours
3.00	1	Pranic Berating Practice
	2	Practice scanning
	3	Other Major Concepts
	4	Practice on relieving respiratory ailments
	5	How to relieve and heal heart ailment
	6	How to relive and heal hypertension
	7	Meditation
		Durations : 3 hours
4.00	1	Divine Healing
	2	Invocation Healing
	3	Healing
	4	Low of Karma
		Durations : 3 hours
5	1	Distance Healing
	2	Self Healing
		TEST - Durations 3 hours

These are the general guidelines for the course and its timings.

The timing can fluctuate with accordance to the requirement of the group.

Course Fee : RS. 4,000/-

Including : Books and CD's

Master Choa Kok Sui's **PRANIC HEALING**

The Science and Art of No-Touch Energy Healing
The power of heal yourself and others

PRANIC HEALING - AN INTRODUCTION

"Prana" is Sanskrit word for life-force or vital energy. This energy is in abundant supply from the air, the earth and the sun. Our ancient scholars knew that this life-giving energy is present everywhere. **"Pranic"** is derived from "Prana".

"Pranic Healing" is a form of healing that uses "Prana". Grand Master choa Kok Sui is the modern founder and the world's foremost proponent of Pranic Healing.

Surrounding and interpenetrating the physical body of any living being is an energy body also known as etheric body. This energy body absorbs the "Prana" and distributes it throughout the physical body. The energy body and the physical body are thus closely interlinked. What affects the energy body also affects the physical body. This phenomenon has been scientifically proven through experiments with Kirlian photography.

THE PROCESS OF PRANIC HEALING

Pranic Healing involves the transference of energy or life force from the healer to the patient. The main conduit for the transmission of energies is the energy body. In the energy body, there are several whirling energy centres, some 3-4 inches in diameter, called "Chakras". They control and energize all the organs of the visible physical body. Chakras are just like power stations that supply vital energy to all the organs. When any of these chakras malfunction, the corresponding organs become weak or eventually become sick or diseased. In Pranic healing, the treatment involves cleansing and energizing of the chakras and corresponding physical organs, with fresh, life-sustaining "Prana" The techniques for doing this are very simple and easy to learn, and also easy to practice.

Pranic Healing instructors have been trained and authorized by Pranic Healing foundation to conduct workshop and to initiate, and develop Pranic Healers.

WHAT MAKES PRANIC HEALING DIFFERENT, UNIQUE, EFFECTIVE

➤ **No-Touch Technique**

The treatment is applied on the patient's energy body or aura. There is no physical contact between healer and patient. This 'no-touch' methodology is painless, non-invasive and independent of any machines or drugs.

➤ **Complementary**

Pranic Healing does not conflict with conventional medical treatments. Rather, Pranic Healing complements other healing modalities. However, there have been numerous instances where the application of Pranic Healing alone has been sufficient to alleviate the ailment.

➤ **Availability and accessibility**

Since fresh, natural life-giving energy, or Prana, is in abundant supply everywhere around us, Pranic Healing can be applied anytime and anywhere.

➤ **Simple to learn and Easy to Practice**

Pranic Healing techniques are very simple and easy to learn. Almost anybody can learn this healing modality which is taught using instruction manuals prepared by the Grand Master himself.

➤ **Other Benefits**

Besides alleviating most common ailments, Pranic Healing can also help increase vitality, enhance the immune system, calm the emotions and improve one's well-being. It can play a key role in enhancing happiness.

➤ **Meditation on Twin Hearts for Peace and Illumination**

Pranic Healing is taught together with the Meditation on Twin Hearts - a powerful meditation that produces a deep sense of inner peace, harmony, love and inner joy. The Twin Heart Meditation awakens and projects positive energies for the blessing of the whole world. The meditation is also advisable for some patients because of its

cleansing, energizing, normalizing and regenerating effects on energy and physical bodies. Miraculous healing have been reported simple from the regular practice of the Meditation on Twin Hearts for Peace and Illumination.

Pranic Healing is powerful scientific method which can heal a wide range of physical and psychological ailments :

- **Minor Physical Ailments** like fever, cold, chronic cough, toothache, stomach disorders, nose bleeding, menstrual problems, among other.
- **Major Physical Ailments** like vertigo, deafness, severe burns, heart ailments, asthma, gallstone, kidney stone, hepatitis, rheumatism arthritis, cysts, cancer and others.
- **Psychological Ailments** like stress, irritability, grief, anger, hysteria, phobia, traumas, affictions to smoking, alcohol and drugs, hallucinations, severe depression and others.

Pranic Healing : Extended Applications

Apart from treating physical and psychological ailments, Pranic Healing is also an effective tool for improving almost all aspects of one's life. The technique, when combined with the regular practice of the Meditation on Twin Hearts, has been successfully used to improve the following areas in one's life :

- Business
- Workplace
- Relationships
- Intelligence and Mental capacity
- Inner poise and stability

Pranic Healing : The Complete Picture

The body of knowledge that is now known as Grand Master Choa Kok Sui's Pranic Healing is available to the public through four graduated courses.

- **Basic Pranic Healing** Covers the principles of healing with prana.
- **Advance Pranic Healing** introduces the use of colour prana in the treatment of more severe ailments.
- **Pranic Psychotherapy** reveals the applicable of Pranic Healing techniques in the treatment of psychological ailments.

- **Pranic Crystal Healing** teaches the use of inexpensive but powerful quartz crystal in Pranic Healing procedures.

The Pranic Healing Techniques can be used to enhance healing skills, sports performance, academic performance and social skills. Combined with Meditation on Twin Hearts for Peace and illumination, the techniques can lead to an expansion of consciousness in an individual, leading to an enhanced state of inner joy and creativity, as well as physical and mental vitality.

In addition to the above courses, Grand Master Choa Kok sui has also developed other courses using the basic principles of Pranic Healing.

- **Psychic Self-Defense** teaches the use of Prana in creating energy shield for oneself and others.
- **Kriyashakti** reveals the hidden secrets for using the power to improve prosperity in one's life and materialise one's goals.
- **Arhatic Yoga** is a synthesis of yogas that reveals the prescriptions for the safe and gradual awakening of the kundalini. The regular practice of Arhatic Yoga greatly enhances one's healing abilities, awakens latent powers and accelerates one's spiritual growth and development.